

SEAGULL SCHOOLS, INC.
MARCH 2018 ADC Breakfast and Snack MENU

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
			1 Breakfast: Cereal – 1 ½ c, Pineapples – ½ c, and Milk- 1 c Snack: Clubhouse Crackers- 10 pcs & Mandarin Orange - ½ c	2 Breakfast: Cereal – 1 ½ c, Apple –1 apple, and Milk- 1 c Snack: Graham Crackers – 8 pcs and Cantaloupe – ½ c
5 Breakfast: Pork Patty – 2 patties & ½ slice Bread Orange Wedge- 1 orange, & Milk- 1 c Snack: Ritz Crackers – 8 pcs - 1 slice & Fresh Pineapples – ½ c	6 Breakfast: Cereal – 1 ½ c, Chilled Peaches- ½ c, and Milk- 1 c Snack: Graham Crackers – 8 pcs & Watermelon – ½ c	7 Breakfast: Oat Bran Bread-2 pieces, Diced Pears – ½ c , and Milk- 1 c Snack: Chilled Peaches – ½ c, Ritz Crackers – 8 pcs	8 Breakfast: Cereal – 1 ½ c, Banana – 1 banana, and Milk- 1 c Snack: Cold Cut Slices – 2 slices & Bread – 1 slice	9 Breakfast: Cereal – 1 ½ c, Chilled Peaches – ½ c, and Milk- 1 c Snack: Club House Cracker- 10 crackers & Fruit Cocktail – ½ c
12 Breakfast: Egg – 2 Eggs Δ, Diced Pears – ½ c, Bread – 1 slice, & Milk- 1 c Snack: Graham Crackers – 8 pcs & Mandarin Oranges – ½ c	13 Breakfast: Cereal – 1 ½ c, Apple –1 apple, & Milk- 1 c Snack: Ritz Cracker - 8 crackers & Fruit Cocktail– ½ c	14 Breakfast: Waffles Δ – 2 waffles, Banana – 1 banana, & Milk – 1 c Snack: Cornbread – 2 pcs & Diced Pears – ½ c	15 Breakfast: Cereal – 1 ½ c, Pineapple Chunks – ½ c, & Milk- 1 c Snack: Clubhouse Crackers – 10 pcs & Watermelon – ½ c	16 Breakfast: Cereal – 1 ½ c, Diced Pears- ½ c, and Milk- 1 c Snack: Ritz Crackers – 8 pcs & Cantaloupe – ½ c
19 Breakfast: Cinnamon Raisin Bagel - 1 piece, Fruit Cocktail – ½ c, and Milk- 1 c Snack: Clubhouse Crackers – 10 pcs and Pineapples – ½ c	20 Breakfast: Cereal – 1 ½ c, Chilled Peaches – ½ c, & Milk- 1 c Snack: Graham Cracker – 8 pcs, & Diced Pears – ½ c	21 Breakfast: Pancakes - 2-piece, Orange Wedge- 1 orange, and Milk- 1 c Snack: Ritz Crackers – 8 pcs & Mandarin Orange – ½ c	22 Breakfast: Cereal – 1 ½ c, Banana –1 banana, and Milk- 1 c Snack: Cornbread – 2 pcs & Watermelon – ½ c	23 Breakfast: Cereal – 1 ½ c, Diced Pears – ½ c, and Milk- 1 c Snack: Club House Cracker- 10 pcs & Chilled Peaches – ½ c
26 CLOSED Prince Kuhio Day Holiday	27 CLOSED STAFF IN-SERVICE TRAINING	28 Breakfast: French Toast Δ - 2 piece, Fruit Cocktail – ½ c, and Milk- 1 c Snack: Ritz Crackers – 8 pcs & Chilled Peaches – ½ c	29 Breakfast: Cereal – 1 ½ c, Pineapples – ½ c, and Milk- 1 c Snack: Clubhouse Crackers- 10 pcs & Mandarin Orange - ½ c	30 CLOSED Good Friday Holiday

Δ May contain egg product. □ May contain cheese ★ May contain mayonnaise.

All meals are served with 1% skim milk.

Seagull Schools operates in accordance with U.S. Department of Agriculture policy, which prohibits discrimination on the basis of race, color, sex, age, disability, or national origin.

Seagull Schools reserves the right to change meals at any time

To file a complaint of discrimination, write USDA, Director, Office of Civil Rights, Room 326-W, Whitten Building, 14th & Independence Avenue, SW, Washington, DC 20250-9410 or call (202) 720-5964 (voice & TDD). USDA is an equal opportunity provider & employer.