


SEAGULL SCHOOLS, INC.
SATURDAY LUNCH MENU
FEBRUARY 2018

FEBRUARY 3RD, 2018	FEBRUARY 10TH, 2018	FEBRUARY 17TH, 2018	FEBRUARY 24TH, 2018	
<p>Breakfast: Cereal – 1 ½ c, Cantaloupe – ½ c, & Milk - 1 c</p> <p>Snack: Club House Cracker- 10 pcs & Orange Wedges – 1 orange</p> <p>Lunch: Tuna Sandwich - 1 sandwich Δ★ Cheese - 2 slices □ Cut Broccoli - ½ c Apple Wedges– ½ apple</p>	<p>Breakfast: Cereal – 1 ½ c, Fruit Cocktail – ½ c and Milk - 1 c</p> <p>Snack: Ritz Crackers – 8 pcs and Apple wedges – 1 apple</p> <p>Lunch: Chicken Breast Sandwich – 1 sandwich ★ Cheese - 2 slices □ Cut Broccoli - ½ c Chilled Peaches – ½ c</p>	<p>Breakfast: Cereal – 1 ½ c, Cantaloupe – ½ c, & Milk - 1 c</p> <p>Snack: Clubhouse crackers – 10 pcs and Orange Wedges – 1 orange</p> <p>Lunch: Egg Salad Sandwich - 1 sandwich Δ★ Cheese - 2 slices □ Cut Broccoli - ½ c Diced Pears</p>	<p>Breakfast: Cereal – 1 ½ c, Chilled Peaches – ½ c, and Milk - 1 c</p> <p>Snack: Graham Crackers – 8 pcs & Orange wedges – 1 orange</p> <p>Lunch: Cold Cut Sandwich★ - 1 sandwich Δ Cheese - 2 slices □ Cut Broccoli - ½ c Apple Slices – ½ apple</p>	

Δ May contain egg product.

□ May contain cheese.

★ May contain mayonnaise.

SERVINGS FOR FLUIDS = 1 C Milk or Juice for Adults

Items in **bold** indicate daily required serving of a whole grain component.

All meals are served with 1% skim milk.

Seagull Schools operates in accordance with U.S. Department of Agriculture policy, which prohibits discrimination on the basis of race, color, sex, age, disability or national origin. Seagull Schools reserves the right to change meals at any time.