

**SEAGULL SCHOOLS, INC.**  
**MAY 2019 PRESCHOOL BREAKFAST/SNACK MENU**

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
		<p><b>1</b>  <b>Breakfast:</b> Cereal – 1/3 c,  Chilled Peaches – ½ c, &amp; Milk- ¾ c</p> <p><b>Snack:</b> Cornbread – 1 pc, &amp;  Apple Slices – 1 apple</p>	<p><b>2</b>  <b>Breakfast:</b> Egg – 1 Egg,  Chilled Pears – ½ c, Bread – 1 pc and Milk- ¾ c</p> <p><b>Snack:</b> Club House Cracker-5 crackers &amp; Pineapple Chunks- ½ c</p>	<p><b>3</b>  <b>Breakfast:</b> Cereal – 1/3 c,  Banana – 1 banana, &amp; Milk- ¾ c</p> <p><b>Snack:</b> Ritz Crackers – 5 pcs &amp; Chilled Peaches – ½ c</p>
<p><b>6</b>  <b>Breakfast:</b> Cereal – 1/3 c,  Diced Pears – ½ c, and Milk- ¾ c</p> <p><b>Snack:</b> Graham Crackers – 4 pcs, Chilled Peaches – ½ c</p>	<p><b>7</b>  <b>Breakfast:</b> Waffles -1 piece,  Chilled Pears - ½ c, and Milk- ¾ c</p> <p><b>Snack:</b> Clubhouse crackers -5 cracker and Applesauce- ½ c</p>	<p><b>8</b>  <b>Breakfast:</b> Cereal – 1/3 c,  Pineapple Chunks – ½ c, and Milk- ¾ c</p> <p><b>Snack:</b> Wheat Thins – 6 pcs, and Chilled Pears– ½ c</p>	<p><b>9</b>  <b>Breakfast:</b> Honey Oat Bread-1 pc, Chilled Peaches – ½ c, &amp; Milk- ¾ c</p> <p><b>Snack:</b> Ritz Cracker -5 pcs &amp; Apple Slices – 1 apple</p>	<p><b>10</b>  <b>Breakfast:</b> Cereal – 1/3 c,  Banana – 1 banana, and Milk- ¾ c</p> <p><b>Snack:</b> Cheese Its– 10 pcs, and Apple Juice – ½ c</p>
<p><b>13</b>  <b>Breakfast:</b> Cereal – 1/3 c,  Chilled Peaches – ½ c, and Milk- ¾ c</p> <p><b>Snack:</b> Clubhouse Crackers – 5 pcs, &amp; Diced Pears – ½ c</p>	<p><b>14</b>  <b>Breakfast:</b> Waffles – 1 pc,  Chilled Peaches – ½ c, and Milk- ¾ c</p> <p><b>Snack:</b> Graham Crackers – 4 pcs &amp; Diced Pears– ½ c</p>	<p><b>15</b>  <b>Breakfast:</b> Cereal – 1/3 c,  Apple Slices – 1 apple, and Milk- ¾ c</p> <p><b>Snack:</b> Ritz Cracker-5 pcs &amp; Pineapple Chunks – ½ c</p>	<p><b>16</b>  <b>Breakfast:</b> Waffles – 1 pc, Chilled Pineapples – ½ c, and Milk- ¾ c</p> <p><b>Snack:</b> Corn Bread – 1 pc, Applesauce – ½ c</p>	<p><b>17</b>  <b>Breakfast:</b> Cereal – 1/3 c,  Peaches – ½ c, and Milk- ¾ c</p> <p><b>Snack:</b> Goldfish – 19 pcs, and Apple Juice – ½ c</p>
<p><b>20</b>  <b>Breakfast:</b> Cereal – 1/3 c,  Chilled Pineapples – ½ c, and Milk- ¾ c</p> <p><b>Snack:</b> Ritz Cracker -5 pcs &amp; Diced Pears – ½ c</p>	<p><b>21</b>  <b>Breakfast:</b> Waffles – 1 pc,  Chilled Peaches – ½ c and Milk- ¾ c</p> <p><b>Snack:</b> Graham Crackers – 4 pcs, Pineapple Chunks – ½ c</p>	<p><b>22</b>  <b>Breakfast:</b> Cereal – 1/3 c,  Orange – 1 orange, and Milk- ¾ c</p> <p><b>Snack:</b> Wheat Thins – 6 pcs, and Diced Pears – ½ c</p>	<p><b>23</b>  <b>Breakfast:</b> Waffles -1 piece,  Banana – 1 banana, and Milk- ¾ c</p> <p><b>Snack:</b> Cheese Its Crackers – 10 pcs &amp; Chilled Peaches – ½ c</p>	<p><b>24</b>  <b>Breakfast:</b> Cereal – 1/3 c,  Applesauce– ½ c, &amp; Milk- ¾ c</p> <p><b>Snack:</b> Club House Cracker-5 crackers and Diced Pears - ½ c</p>
<p><b>27</b>  <b>CLOSED</b>  <b>MEMORIAL DAY</b>  <b>Holiday Observed</b></p>	<p><b>28</b>  <b>Breakfast:</b> Cereal – 1/3 c,  Chilled Pineapples – ½ c and Milk- ¾ c</p> <p><b>Snack:</b> Wheat Thins – 6 pcs, and Pears – ½ c</p>	<p><b>29</b>  <b>Breakfast:</b> Waffles – 1 pc,  Peaches – ½ c, and Milk- ¾ c</p> <p><b>Snack:</b> Ritz Cracker- 5 pcs &amp; Chilled Pineapples – ½ c</p>	<p><b>30</b>  <b>Breakfast:</b> Egg – 1 Egg, Banana – 1 banana, Bread – 1 pc and Milk- ¾ c</p> <p><b>Snack:</b> Clubhouse Crackers – 5 pcs &amp; Applesauce – ½ c</p>	<p><b>31</b>  <b>Breakfast:</b> Cereal – 1/3 c,  Diced Pears – ½ c, and Milk- ¾ c</p> <p><b>Snack:</b> Graham Crackers – 4 pcs, and Chilled Peaches– ½ c</p>

SERVINGS FOR FLUIDS = ½ C Milk or Juice for 1 – 2 year olds

SERVINGS FOR FLUIDS = ¾ C Milk or ½ C Juice for 3 – 5 year olds

Δ May contain egg product. □ May contain cheese ★ May contain mayonnaise.

All meals are served with 1% skim milk for ages 2 yrs old and older. Whole milk is served to 18-24 month old toddlers.

Seagull Schools reserves the right to change meals at any time

In accordance with Federal Law and U.S. Department of Agriculture policy, this institution is prohibited from discriminating on the basis of race, color, national origin, sex, age, or disability. To file a complaint of discrimination, write USDA, Director, Office of Adjudication, 1400 Independence Avenue, SW, Washington, D.C. 20250-9410 or call toll free (866)632-9992 (Voice). Individuals who are hearing impaired or have speech disabilities may contact USDA through the Federal Relay Service at (800) 877-8339; or (800) 845-6136 (Spanish). USDA is an equal opportunity provider and employer.