

SEAGULL SCHOOLS, INC.  
JUNE 2018 **PRESCHOOL BREAKFAST/SNACK MENU**

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>Updated 6/1/18</b>				<b>1</b> <b>Breakfast:</b> Cereal – 1/3 c, Chilled Pears – ½ c, & Milk- ¾ c  <b>Snack:</b> Clubhouse Crackers – 5 & Grape Juice – ½ c
<b>4</b> <b>Breakfast:</b> Cereal – 1/3 c, Chilled Peaches – ½ c, & Milk- ¾ c  <b>Snack:</b> Ritz Cracker- 5 cracker & Grape Juice- ½ c	<b>5</b> <b>Breakfast:</b> Pork Patty – 1 patty, Applesauce – ½ c, Bread – ½ slice, & Milk- ¾ c  <b>Snack:</b> Graham Crackers – 4 pc & Orange Wedges – 1 orange	<b>6</b> <b>Breakfast:</b> Cereal – 1/3 c, Chilled Pears – ½ c, & Milk- ¾ c  <b>Snack:</b> Cornbread – 1 pc and Fruit Cocktail – ½ c	<b>7</b> <b>Breakfast:</b> Waffles -1 piece, Pineapple Chunks - ½ c, & Milk- ¾ c  <b>Snack:</b> Ritz Crackers – 5 pcs & Apple Juice – ½ c	<b>8</b> <b>Breakfast:</b> Cereal – 1/3 c, Orange Wedges –1 orange, & Milk- ¾ c  <b>Snack:</b> Clubhouse Crackers – 5 pcs & Sliced Peaches- ½ c
<b>11</b> <b>CLOSED</b> <b>King Kamehameha</b> <b>HOLIDAY</b>	<b>12</b> <b>Breakfast:</b> Cereal – 1/3 c, Apple Wedges – 1 apple, & Milk- ¾ c  <b>Snack:</b> Ritz Cracker- 5 pcs & Diced Pears - ½ c	<b>13</b> <b>Breakfast:</b> Cereal – 1/3 c, Chilled Peaches – ½ c, & Milk- ¾ c  <b>Snack:</b> Clubhouse Crackers – 5 pcs – Grape Juice – ½ c	<b>14</b> <b>Breakfast:</b> Honey Oat Bread-1 piece , Orange Wedge- 1 orange, & Milk- ¾ c  <b>Snack:</b> Graham Crackers – 4 pc & Fruit Cocktail - ½ c &	<b>15</b> <b>Breakfast:</b> Cereal – 1/3 c, Chilled Pears – ½ c, & Milk- ¾ c  <b>Snack:</b> Goldfish Crackers – 19 pcs & Banana – 1 banana
<b>18</b> <b>Breakfast:</b> Cereal – 1/3 c, Chilled Peaches – ½ c, & Milk- ¾ c  <b>Snack:</b> Ritz Cracker- 5 cracker & Grape Juice- ½ c	<b>19</b> <b>Breakfast:</b> Egg – 1 Egg, Applesauce – ½ c, bread – ½ slice, & Milk- ¾ c  <b>Snack:</b> Goldfish Crackers – 19 pcs & Apple Slices – 1 apple	<b>20</b> <b>Breakfast:</b> Cereal – 1/3 c, Orange Wedges – 1 orange, & Milk- ¾ c  <b>Snack:</b> Clubhouse Crackers – 5 pcs & Chilled Peaches – ½ c	<b>21</b> <b>Breakfast:</b> Waffles – 1 waffle, Banana- 1 banana, & Milk- ¾ c  <b>Snack:</b> Graham Crackers – 4 pc & Oranges Wedges – 1 orange	<b>22</b> <b>Breakfast:</b> Cereal – 1/3 c, Applesauce – ½ c, & Milk- ¾ c  <b>Snack:</b> Cheese Its – 10 pcs, & Banana – 1 banana
<b>25</b> <b>Breakfast:</b> Cereal – 1/3 c, Apple – 1 apple, & Milk- ¾ c  <b>Snack:</b> Gold Fish Cracker-19 cracker & Apple Juice – ½ c	<b>26</b> <b>Breakfast:</b> French Toast- 2 sticks, Banana – 1 banana and Milk- ¾ c  <b>Snack:</b> Cold Cut – 1 slice & Whole Wheat Bread – ½ slice	<b>27</b> <b>Breakfast:</b> Cereal – 1/3 c, Chilled Peaches – ½ c, & Milk- ¾ c  <b>Snack:</b> Graham Crackers – 4 pc, & Banana – 1 banana	<b>28</b> <b>Breakfast:</b> Corn Bread-1 piece, Orange Wedge- 1 orange, & Milk- ¾ c  <b>Snack:</b> Club House Cracker-5 pcs & Grape Juice – ½ c	<b>29</b> <b>Breakfast:</b> Cereal – 1/3 c, Chilled Peaches – ½ c, & Milk- ¾ c  <b>Snack:</b> Ritz Crackers – 5 pcs & Banana – 1 banana

SERVINGS FOR FLUIDS = ½ C Milk or Juice for 1 – 2 year olds    SERVINGS FOR FLUIDS = ¾ C Milk or Juice for 3 – 5 year olds    Δ May contain egg product.    □ May contain cheese    ★ May contain mayonnaise.

All meals are served with 1% skim milk to ages 2 years old and older. Whole Milk is served to toddlers 18-24 months old.

Seagull Schools operates in accordance with U.S. Department of Agriculture policy, which prohibits discrimination on the basis of race, color, sex, age, disability, or national origin.

Seagull Schools reserves the right to change meals at any time

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