


SEAGULL SCHOOLS, INC.
SATURDAY LUNCH MENU
MAY 2018

May 5, 2018	May 12, 2018	May 19, 2018	May 26, 2018	
<p>Breakfast: Cereal – 1 ½ c, Fresh Pineapples – ½ c, and Milk - 1 c</p> <p>Snack: Clubhouse Crackers – 10 pcs and Cantaloupe – ¾ c</p> <p>Lunch: Tuna Sandwich – 1 sandwich ★ Cheese - 2 slices □ Broccoli - ½ c Banana – ½ banana</p>	<p>Breakfast: Cereal – 1 ½ c, Chilled Peaches – ½ c, and Milk - 1 c</p> <p>Snack: Ritz Cracker- 8 crackers and Mandarin Oranges – ½ c</p> <p>Lunch: Chicken Breast Salad sandwich - 1 sandwich ★ Broccoli – ½ c Apple – ½ apple</p>	<p>Breakfast: Cereal – ¾ c, Diced Pears – ½ c , & Milk - 1 c</p> <p>Snack: Graham crackers - 8 pcs and Watermelon – ½ c</p> <p>Lunch: Cold Cut Sandwich - 1 sandwich ★ Broccoli - ½ c Cheese - 2 slices □ Orange Wedges – ½ orange</p>	<p>Breakfast: Cereal – 1 ½ c, Pineapples – ½ c, and Milk - 1 c</p> <p>Snack: Ritz Crackers – 8 pcs and Mandarin Oranges – ½ c</p> <p>Lunch: Egg Salad Sandwich – 1 sandwich Δ★ Cheese – 2 slices □ Broccoli - ½ c Banana – ½ banana</p>	

Δ May contain egg product. □ May contain cheese. ★ May contain mayonnaise.

All meals are served with 1% skim milk. 8oz. serving for milk or juice for adults.

Seagull Schools operates in accordance with U.S. Department of Agriculture policy, which prohibits discrimination on the basis of race, color, sex, age, disability or national origin.