

Seagull Schools, Inc.
MAY 2018 ADC Breakfast and Snack MENU

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
4/30 Breakfast: Blueberry Bagel - 2 pcs, Chilled Pears – ½ c, & Milk – 1 c Snack: Graham Crackers – 8 pcs & Honey Dew Melon – ½ c	1 Breakfast: Cereal – 1 ½ c, Banana – 1 banana, & Milk-1 c Snack: Club House Cracker- 10 pcs & Chilled Peaches – ½ c	2 Breakfast: Corn Bread - 2 pcs, Chilled Peaches- ½ c, and Milk- 1 c Snack: Ritz Crackers – 8 pcs & Mandarin Oranges – ½ c	3 Breakfast: Cereal – 1 ½ c, Orange Wedge- 1 orange, and Milk- 1 c Snack: Graham Crackers – 8 pcs and Diced Pears - ½ c	4 Breakfast: Cereal – 1 ½ c, Fresh Pineapples – ½ c, and Milk- 1 c Snack: Ritz Crackers – 8 pcs and Fruit Cocktail – ½ c
7 Breakfast: Pancakes – 2 pancakes, Apple wedges – ¾ c, and Milk- 1 c Snack: Graham Crackers – 8 pcs and Honeydew Melons – ½ c	8 Breakfast: Cereal – 1 ½ c, Banana – 1 banana, and Milk- 1 c Snack: Ritz Cracker - 10 crackers and Watermelon – ½ c	9 Breakfast: Pork Patty – 2 patties, Applesauce – ½ c, Bread – 1 slice, and Milk- 1 c Snack: Oat Bran Bread – 2 pcs, and Chilled Peaches – ½ c	10 Breakfast: Cereal – 1 ½ c, Banana – 1 banana, and Milk- 1 c Snack: Clubhouse Crackers – 10 pcs and Pineapples – ½ c	11 Breakfast: Cereal – 1 ½ c, Diced Pears – ½ c and Milk- 1 c Snack: Ritz Crackers = 8 pcs and Cantaloupe – ½ c
14 Breakfast: Egg – 2 Eggs, Orange Wedge- 1 orange, Bread – 1 slice, and Milk- 1 c Snack: Clubhouse Crackers – 10 pcs & Chilled Peaches– ½ c	15 Breakfast: Cereal – 1 ½ c, Applesauce – ½ c, and Milk- 1 c Snack: Graham Crackers – 8 pcs & Watermelon – ½ c	16 Breakfast: Cinnamon Raisin Bagel - 2 pcs, Chilled Pears- ½ c, & Milk-1c Snack: Clubhouse Cracker - 10 pcs & Honeydew Melon – ½ c	17 Breakfast: Cereal – 1 ½ c, Apples – 1 apple, and Milk- 1 c Snack: Graham Crackers – 8 pcs and Banana – 1 banana	18 Breakfast: Cereal – 1 ½ c, Fruit Cocktail – ½ c, and Milk- 1 c Snack: Ritz Cracker-8 pcs & Watermelon – ½ c
21 Breakfast: French Toast - 4 sticks, Diced Pears – ½ c and Milk- 1 c Snack: Ritz Crackers – 8 pcs and Mandarin Oranges- ½ c	22 Breakfast: Cereal – 1 ½ c, Banana – 1 banana, & Milk- 1 c Snack: Graham Crackers – 8 pcs and Applesauce – ½ c	23 Breakfast: Honey Oat Bread – 2 pcs, Fresh Pineapples – ½ c, & Milk- 1 c Snack: Clubhouse Cracker – 10 pcs & Apple Wedges – ½ c	24 Breakfast: Cereal – 1 ½ c, Banana – 1 banana, and Milk- 1 Snack: Cold Cut Slice – 2 pcs & Whole Wheat Bread – 1 slice	25 Breakfast: Cereal – 1 ½ c, Diced Pears – ½ c, and Milk- 1 c Snack: Clubhouse Crackers – 10 pcs, and Mandarin Oranges – ½ c
28 CLOSED Memorial Day HOLIDAY	29 Breakfast: Cereal – 1 ½ c, Chilled Peaches- ½ c, & Milk - 1 c Snack: Clubhouse Crackers – 10 pcs & Watermelon – ½ c	30 Breakfast: Eggs – 2 eggs, Orange Wedges – ¾ c, Bread – 1 slice, and Milk- 1 c Snack: Ritz Cracker-8 crackers and Pineapples – ½ c	31 Breakfast: Cereal – 1 ½ c, diced pears – ½ c, and Milk- 1 c Snack: Graham Crackers – 8 pcs and Fruit Cocktail – ½ c	1 Breakfast: Cereal – 1 ½ c, Chilled Peaches – ½ c, and Milk- 1 c Snack: Clubhouse Crackers – 10 pcs and Cantaloupe – ½ c

Δ May contain egg product. □ May contain cheese. ★ May contain mayonnaise. SERVINGS FOR FLUIDS = 1 C Milk or Juice for Adults

All meals are served with 1% skim milk for 2 year olds and older. Whole milk is served to toddlers 18-24 months old.

Seagull Schools operates in accordance with U.S. Department of Agriculture policy, which prohibits discrimination on the basis of race, color, sex, age, disability, or national origin.

Seagull Schools reserves the right to change meals at any time

To file a complaint of discrimination, write USDA, Director, Office of Civil Rights, Room 326-W, Whitten Building, 14th & Independence Avenue, SW, Washington, DC 20250-9410 or call (202) 720-5964 (voice & TDD). USDA is an equal opportunity provider & employer.