

SEAGULL SCHOOLS, INC.
JUNE 2017 PRESCHOOL BREAKFAST/SNACK MENU

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
			1 Breakfast: Corn Bread-1 piece, Chilled Pears – ½ c, and Milk- ¾ c Snack: Clubhouse Crackers – 5 pcs & Mandarin Oranges – ½ c	2 Breakfast: Cereal – 1/3 c, Banana – 1 banana, and Milk- ¾ c Snack: Nilla Wafers – 4 wafers & Grape Juice – ½ c
5 Breakfast: Cereal – 1/3 c, Apple wedges – 1 apple, and Milk- ¾ c Snack: Ritz Cracker - 4 pcs & Pineapple Chunks –½ c	6 Breakfast: Pork Patty – 1 patty, Orange Wedges – 1 orange, Bread – ½ slice, & Milk - ¾c Snack: Gold Fish Cracker-19 crackers & Apple Juice- ½ c	7 Breakfast: Cereal – 1/3 c, Chilled Peaches – ½ c & Milk- ¾ c Snack: Cinnamon Toast – ½ slice, Diced Pears – ½ c	8 Breakfast: Oat Bran Bread-1 piece, Orange Wedges – 1 orange, and Milk- ¾ c Snack: Nilla Wafers - 4 wafers & Grape Juice - ½ c	9 Breakfast: Cereal – 1/3 c, Banana – 1 banana, & Milk- ¾ c Snack: Club House Crackers - 5 crackers & Fruit Cocktail - ½ c
12 CLOSED Kamehameha Day HOLIDAY	13 Breakfast: Cereal – 1/3 c, Chilled Peaches, and Milk- ¾ c Snack: Ritz Crackers – 4 pcs & Fruit Cocktail – ½ c	14 Breakfast: Cereal – ½ c, Apple – 1 apple, & Milk - ¾ c Snack: Cold Cut Slices - 1 slice & Bread – ½ slice	15 Breakfast: Waffles Δ -1 piece, Banana – 1 banana, and Milk- ¾ c Snack: Clubhouse Crackers -5 crackers & Grape Juice- ½ c	16 Breakfast: Cereal – 1/3 c, Pineapple Chunks – ½ c, and Milk- ¾ c Snack: Goldfish Crackers – 19 pcs & Chilled Peaches – ½ c
19 Breakfast: Cereal – 1/3 c, Diced Pears – ½ c, & Milk- ¾ c Snack: Clubhouse Crackers – 5 pcs & Orange wedges– 1 orange	20 Breakfast: Egg Δ – 1 Egg, Apple Slices – 1 apple , bread – ½ slice, & Milk- ¾ c Snack: Cinnamon Toast- ½ slice & Banana – 1 banana	21 Breakfast: Cereal – 1/3 c, Chilled Peaches, and Milk- ¾ c Snack: Gold Fish Cracker-19 cracker & Apple Slices – 1 apple	22 Breakfast: Pancakes-1 pancake, Orange Wedges – 1 orange, & Milk - ¾ c Snack: Ritz Crackers – 4 pcs & Mandarin Oranges– ½ c	23 Breakfast: Cereal – ½ c, Banana – 1 banana, & Milk- ¾ c Snack: Nilla Wafers – 4 pcs & Chilled Peaches – ½ c
26 Breakfast: Cereal – 1/3 c, Apple wedges – 1 apple, and Milk- ¾ c Snack: Nilla Wafers - 4 wafers and Diced Pears - ½ c	27 Breakfast: Cinnamon Raisin Bagel - 1 piece, Fruit Cocktail – ½ c, & Milk - ¾ c Snack: Gold Fish Crackers - 19 crackers & Apple Juice-½ c	28 Breakfast: Cereal – 1/3 c, Orange Wedges – 1 orange, and Milk- ¾ c Snack: Ritz Crackers – 4 pcs & Grape Juice - ½ c	29 Breakfast: French Toast Δ ■ - 2 sticks , Banana- 1 banana, & Milk- ¾ c Snack: Clubhouse Crackers -5 crackers & Orange Wedges- 1 orange	30 Breakfast: Cereal – ½ c, Apple – 1 apple, & Milk - ¾ c Snack: Cinnamon Toast - ½ slice & Mandarin Orange – ½ c

SERVINGS FOR FLUIDS = ½ C Milk or Juice for 1 – 2 year olds

SERVINGS FOR FLUIDS = ¾ C Milk or Juice for 3 – 5 year olds

Δ May contain egg product. □ May contain cheese ★ May contain mayonnaise. ■ May contain milk product.

All meals are served with 2% skim milk (2 year olds and older) Whole Milk served to 18-24 month toddlers

Seagull Schools operates in accordance with U.S. Department of Agriculture policy, which prohibits discrimination on the basis of race, color, sex, age, disability, or national origin.

Seagull Schools reserves the right to change meals at any time

To file a complaint of discrimination, write USDA, Director, Office of Civil Rights, Room 326-W, Whitten Building, 14th and Independence Avenue, SW, Washington, DC 20250-9410 or call (202) 720-5964 (voice and TDD). USDA is an equal opportunity provider and employer.