

SEAGULL SCHOOLS, INC.
FEBRUARY 2018 PRESCHOOL BREAKFAST/SNACK MENU

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
			1 Breakfast: Waffle -1-piece, Applesauce – ½ c, and Milk- ¾ c Snack: Clubhouse Crackers – 5 pcs & Peaches – ½ c	2 Breakfast: Cereal – 1/3 c, Pineapples – ½ c, and Milk- ¾ c Snack: Cheese- Its – 10 pcs & Apple Juice – ½ c
5 Breakfast: Cereal – 1/3 c, Apple wedges – 1 apple, and Milk- ¾ c Snack: Ritz Cracker - 4 pcs & Pineapple Chunks –½ c	6 Breakfast: Pork Patty – 1 patty, Orange Wedges – 1 orange, Bread – ½ slice, & Milk - ¾ c Snack: Graham Cracker – 4 pcs & Apple Juice- ½ c	7 Breakfast: Cereal – 1/3 c, Chilled Peaches – ½ c & Milk- ¾ c Snack: Gold Fish Cracker-19 pcs, Grape Juice – ½ c	8 Breakfast: Oat Bran Bread-1 piece, Diced Pears – ½ c, and Milk- ¾ c Snack: Cold Cut slice – 1 pc, & Whole Wheat Bread – ½ slice	9 Breakfast: Cereal – 1/3 c, Banana – 1 banana, & Milk- ¾ c Snack: Club House Crackers - 5 crackers & Fruit Cocktail - ½ c
12 Breakfast: Cereal – 1/3 c, Peaches – ½ c, & Milk- ¾ c Snack: Graham Crackers – 4 pcs, & Mandarin Oranges – ½ c	13 Breakfast: Egg Δ – 1 Egg, Diced Pears – ½ c, bread – ½ slice, & Milk- ¾ c Snack: Ritz Crackers – 4 pcs & Fruit Cocktail – ½ c	14 Breakfast: Cereal – ½ c, Apple – 1 apple, & Milk - ¾ c Snack: Cornbread – 1 pc & Apple Juice – ½ c	15 Breakfast: Waffles Δ -1 piece, Banana – 1 banana, and Milk- ¾ c Snack: Clubhouse Crackers -5 pcs & Grape Juice- ½ c	16 Breakfast: Cereal – 1/3 c, Pineapple Chunks – ½ c, and Milk- ¾ c Snack: Goldfish Crackers – 19 pcs & Chilled Peaches – ½ c
19 CLOSED President's Day HOLIDAY	20 Breakfast: Cereal – 1/3 c, Diced Pears – ½ c, and Milk- ¾ Snack: Goldfish Crackers – 19 pcs, & Apple Juice – ½ c	21 Breakfast: Cereal – 1/3 c, Chilled Peaches, and Milk- ¾ c Snack: Ritz Crackers – 4 pcs & Mandarin Oranges– ½ c	22 Breakfast: Pancakes-1 pancake, Orange Wedges – 1 orange, & Milk - ¾ c Snack: Cornbread – 1 pc & Diced Pears – ½ c	23 Breakfast: Cereal – ½ c, Banana – 1 banana, & Milk- ¾ c Snack: Clubhouse Crackers – 5 pcs, & Chilled Peaches – ½ c
26 Breakfast: Cereal – 1/3 c, Apple wedges – 1 apple, and Milk- ¾ c Snack: Graham Crackers – 4 pcs and Diced Pears - ½ c	27 Breakfast: Cinnamon Raisin Bagel - 1 piece, Fruit Cocktail – ½ c, & Milk - ¾ c Snack: Cold Cut slice – 1 pc, & Whole Wheat Bread – ½ slice	28 Breakfast: Cereal – 1/3 c, Pineapples – ½ c, and Milk- ¾ c Snack: Ritz Crackers – 4 pcs & Grape Juice - ½ c		

SERVINGS FOR FLUIDS = ½ C Milk or Juice for 1 – 2 year olds SERVINGS FOR FLUIDS = ¾ C Milk or Juice for 3 – 5 year olds

Δ May contain egg product. □ May contain cheese ★ May contain mayonnaise. ■ May contain milk product.

All meals are served with 2% skim milk (2 year olds and older) Whole Milk served to 18-24 month toddlers

Seagull Schools operates in accordance with U.S. Department of Agriculture policy, which prohibits discrimination on the basis of race, color, sex, age, disability, or national origin.

Seagull Schools reserves the right to change meals at any time

To file a complaint of discrimination, write USDA, Director, Office of Civil Rights, Room 326-W, Whitten Building, 14th and Independence Avenue, SW, Washington, DC 20250-9410 or call (202) 720-5964 (voice and TDD). USDA is an equal opportunity provider and employer.