

**SEAGULL SCHOOLS, INC.**  
**JANUARY 2018 PRESCHOOL BREAKFAST/SNACK MENU**

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>1</b> <b>CLOSED</b> <b>New Year's Day</b> <b>Holiday</b>	<b>2</b> <b>Breakfast:</b> Cereal – 1/3 c, Pineapples – ½ c , & Milk- ¾ c  <b>Snack:</b> Ritz Crackers-4 pcs and Apple Juice - ½ c	<b>3</b> <b>Breakfast:</b> Cereal – 1/3 c, Chilled Peaches – ½ c , & Milk-¾ c  <b>Snack:</b> Graham Crackers – 4 pcs, Mandarin Oranges – ½ c	<b>4</b> <b>Breakfast:</b> Pork Patty – 1 patty, Applesauce – ½ c, Bread – 1 pc , and Milk- ¾  <b>Snack:</b> Goldfish Crackers – 19 pcs and Chilled Peaches – ½ c	<b>5</b> <b>Breakfast:</b> Cereal – 1/3 c, Diced Pears – ½ c , & Milk- ¾ c  <b>Snack:</b> Club House Cracker -5 crackers & Grape Juice – ½ c
<b>8</b> <b>Breakfast:</b> Cereal – 1/3 c, Chilled Peaches – ½ c, and Milk- ¾ c  <b>Snack:</b> Goldfish crackers – 19 pcs & Fruit Cocktail-½ c	<b>9</b> <b>Breakfast:</b> Egg – 1 Egg, Applesauce – ½ c, bread – 1 pc , and Milk- ¾ c  <b>Snack:</b> Ritz Crackers – 4 pcs & Grape Juice ½ c	<b>10</b> <b>Breakfast:</b> Cereal – 1/3 c, Chilled Peaches – ½ c , and Milk- ¾ c  <b>Snack:</b> Graham Crackers – 4 pcs, Diced Pears – ½ c	<b>11</b> <b>Breakfast:</b> Blueberry Bagel – 1 pc, Pineapple chunks – ½ c & Milk- ¾ c  <b>Snack:</b> Cornbread – 1 pc, and Chilled Peaches – ½ c	<b>12</b> <b>Breakfast:</b> Cereal – 1/3 c, Fruit Cocktail – ½ c , and Milk- ¾ c  <b>Snack:</b> Clubhouse Crackers – 5 pcs, & Apple Juice – ½ c
<b>15</b> <b>CLOSED</b> <b>Martin Luther</b> <b>King Jr. Day</b> <b>Holiday</b>	<b>16</b> <b>Breakfast:</b> Cereal – 1/3 c, Diced Pears – ½ c – ½ c, and Milk- ¾ c  <b>Snack:</b> Club House Cracker -5 pcs & Chilled Peaches – ½ c	<b>17</b> <b>Breakfast:</b> Cereal – 1/3 c, Chilled Peaches – ½ c, and Milk- ¾ c  <b>Snack:</b> Ritz Cracker- 4 crackers and Apple Juice – ½ c	<b>18</b> <b>Breakfast:</b> Waffles – 1 waffle, Fruit Cocktail – ½ c, and Milk- ¾ c  <b>Snack:</b> Graham Crackers – 4 pcs & Diced Pears – ½ c	<b>19</b> <b>Breakfast:</b> Cereal – 1/3 c, Chilled Peaches – ½ c and Milk- ¾ c  <b>Snack:</b> Cold Cut w/ Bread – 1 Cold Cut and 1 Bread
<b>22</b> <b>Breakfast:</b> Cereal – 1/3 c, Fruit Cocktail – ½ c and Milk- ¾ c  <b>Snack:</b> Ritz Crackers-4 pcs and Grape Juice - ½ c	<b>23</b> <b>Breakfast:</b> French Toast- 2 sticks, Diced Pears – ½ c and Milk- ¾ c  <b>Snack:</b> Clubhouse Crackers – 5 pcs, & Pineapples – ½ c	<b>24</b> <b>Breakfast:</b> Cereal – 1/3 c, Banana – 1 banana, & Milk- ¾ c  <b>Snack:</b> Goldfish Crackers – 19 pcs and Chilled Pears – ½ c	<b>25</b> <b>Breakfast:</b> Honey Oat Bread-1 piece, Chilled Peaches – ½ c, and Milk- ¾ c  <b>Snack:</b> Graham Crackers – 4 pcs, Applesauce – ½ c	<b>26</b> <b>Breakfast:</b> Cereal – 1/3 c, Banana – 1 banana, & Milk- ¾ c  <b>Snack:</b> Clubhouse Crackers- 10 pcs and Apple Juice- ½ c
<b>29</b> <b>Breakfast:</b> Cereal – 1/3 c, Fruit Cocktail – ½ c, & Milk-¾ c  <b>Snack:</b> Graham Crackers – 8 pcs, & Applesauce – ½ c	<b>30</b> <b>Breakfast:</b> Pancake – 1 pc, Diced Pears – ½ c, and Milk – ¾ c  <b>Snack:</b> Ritz Crackers-4 pcs and Grape Juice - ½ c	<b>31</b> <b>Breakfast:</b> Cereal – 1/3 c, Fruit Cocktail – ½ c, and Milk- ¾ c  <b>Snack:</b> Cornbread – 1 pc, and Chilled Peaches – ½ c		

SERVINGS FOR FLUIDS = ½ C Milk or Juice for 1 – 2 year olds. SERVINGS FOR FLUIDS = ¾ C Milk or Juice for 3 – 5 year olds.

Δ May contain egg product. □ May contain cheese ★May contain mayonnaise.

All meals are served with 1% skim milk for ages 2 yrs old and older. Whole milk is served to 18-24 month old toddlers.

Seagull Schools operates in accordance with U.S. Department of Agriculture policy, which prohibits discrimination on the basis of race, color, sex, age, disability, or national origin.

Seagull Schools reserves the right to change meals at any time

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