

SEAGULL SCHOOLS, INC
APRIL 2018 ADC Breakfast and Snack MENU

| MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
|---|---|--|--|--|
| <p>2 Breakfast: Waffles - 2-piece, Diced Pears – ½ c, and Milk- 1 c Snack: Ritz Crackers – 8 crackers & Orange Wedges – 1 orange</p> | <p>3 Breakfast: Cereal – 1 ½ c, Banana – 1 banana and Milk- 1 c Snack: Graham Crackers – 8 pcs and Apple Wedges – 1 apple</p> | <p>4 Breakfast: Oat Bran Bread- 2 pc, Chilled Peaches– ½ c, & Milk- 1 c Snack: Ritz Cracker-8 crackers and Honey Dew Melon - ¾ c</p> | <p>5 Breakfast: Cereal – 1 ½ c, Fruit Cocktail – ½ c, and Milk- 1 c Snack: Clubhouse Crackers – 10 pcs and Banana – 1 banana</p> | <p>6 Breakfast: Cereal – 1 ½ c, Orange Wedges – 1 orange, & Milk – 1 c Snack: Graham Crackers – 8 pcs and Cantaloupe – ½ c</p> |
| <p>9 Breakfast: French Toast – 2 pieces, Fruit Cocktail – ½ c, & Milk – 1c Snack: Clubhouse Crackers -10 pcs and Watermelon – ½ c</p> | <p>10 Breakfast: Cereal – 1 ½ c., Diced Pears – ½ c, & Milk- 1 c Snack: Graham Crackers – 8 pcs and Applesauce – ½ c</p> | <p>11 Breakfast: Cinnamon Raisin bagel - 2 pieces, Applesauce – ½ c, & Milk- 1 c Snack: Cornbread – 2 pcs, Diced Pears – ½ c</p> | <p>12 Breakfast: Cereal – 1 ½ c, Fruit Cocktail – ½ c, and Milk- 1 c Snack: Club House Cracker- 10 crackers and Banana – 1 banana</p> | <p>13 Breakfast: Cereal – 1 ½ c, Diced Pears – ½ c, and Milk- 1 c Snack: Ritz Crackers – 8 pcs & Honey Dew Melon – ½ c</p> |
| <p>16 Breakfast: Egg – 2 Eggs Δ, Chilled Peaches – ½ c, Bread – 1 slice, & Milk- 1 c Snack: Graham Crackers – 8 pcs & applesauce – ½ c</p> | <p>17 Breakfast: Cereal – 1 ½ c., Pineapple Chunks – ½ c, & Milk- 1 c Snack: Club House Crackers - 10 pcs and Cantaloupe – ½ c</p> | <p>18 Breakfast: Pancakes - 2-piece, Chilled Peaches – ½ c and Milk- 1 c Snack: Ritz Crackers – 8 pcs and Honeydew Melon – ½ c</p> | <p>19 Breakfast: Cereal – 1 ½ c Apple Wedges- 1 apple, & Milk- 1 c Snack: Graham Crackers – 8 pcs and Fruit Cocktail – ½ c</p> | <p>20 Breakfast: Cereal – 1 ½ c, Chilled Pears – 1 c, and Milk- 1 c Snack: Clubhouse Crackers - 10 pcs and Watermelon – ½ c</p> |
| <p>23 Breakfast: Waffles - 2-piece, Chilled Peaches – ½ c, and Milk- 1 c Snack: Ritz Crackers – 8 crackers & Chilled Peaches – ½ c</p> | <p>24 Breakfast: Cereal – 1 ½ c, and Milk- 1 c, Diced Pears – ½ c Snack: Graham Cracker – 8 pcs & Cantaloupe – ½ c</p> | <p>25 Breakfast: Pork Patty – 2 patties, Applesauce – ½ c, Bread – 1 slice, and Milk- 1 c Snack: Clubhouse Crackers – 10 pcs and Banana – 1 banana</p> | <p>26 Breakfast: Cereal – 1 ½ c, Chilled Peaches 1 ½ c, and Milk- 1 c Snack: Ritz Crackers – 8 pcs and Honeydew Melon – ½ c</p> | <p>27 Breakfast: Cereal – 1 ½ c, Fruit Cocktail – ½ c, and Milk- 1 c Snack: Graham Crackers – 8 pcs and Pineapples – ½ c</p> |
| <p>30 Breakfast: Blueberry Bagel - 2 pieces, Chilled Pears – ½ c, and Milk- 1 c Snack: Graham Crackers – 8 & Honey Dew Melon – ½ c</p> | | | | |

SERVINGS FOR FLUIDS = 1 C Milk or Juice for Adult Δ May contain egg product. □ May contain cheese *May contain mayonnaise.

All meals are served with 1% skim milk for ages 2 years and older. Whole Milk served to 18-24 month old toddlers.

Seagull Schools operates in accordance with U.S. Department of Agriculture policy, which prohibits discrimination on the basis of race, color, sex, age, disability, or national origin.

Seagull Schools reserves the right to change meals at any time

To file a complaint of discrimination, write USDA, Director, Office of Civil Rights, Room 326-W, Whitten Building, 14th & Independence Avenue, SW, Washington, DC 20250-9410 or call (202) 720-5964 (voice & TDD). USDA is an equal opportunity provider & employer.