

**SEAGULL SCHOOLS, INC.  
SATURDAY LUNCH MENU  
JUNE 2017**

<b>JUNE 3<sup>RD</sup>, 2017</b>	<b>JUNE 10<sup>TH</sup>, 2017</b>	<b>JUNE 17<sup>TH</sup>, 2017</b>	<b>JUNE 24<sup>TH</sup>, 2017</b>	<b>JUNE 31<sup>ST</sup>, 2017</b>
<p><b>Breakfast:</b> Cereal – ¾ c, Cantaloupe – ¾ c, &amp; Milk - 1 c</p> <p><b>Snack:</b> Club House Cracker- 10 &amp; Apple Wedges– ¾ apple</p> <p><b>Lunch:</b> Tuna Sandwich - 1 sandwich Δ★ Cheese - 2 slices □ Cut Broccoli - ½ c Banana – 1 Banana</p>	<p><b>Breakfast:</b> Cereal – ¾ c, Fruit Cocktail – ½ c and Milk - 1 c</p> <p><b>Snack:</b> Goldfish Crackers – 37pcs and Apple wedges – ¾ apple</p> <p><b>Lunch:</b> Chicken Breast Sandwich – 1 sandwich ★ Cheese - 2 slices □ Cut Broccoli - ½ c Banana – 1 Banana</p>	<p><b>Breakfast:</b> Cereal – ¾ c, Cantaloupe – ¾ c, &amp; Milk - 1 c</p> <p><b>Snack:</b> Clubhouse crackers – 10 pcs and Chilled Peaches – ½ c</p> <p><b>Lunch:</b> Egg Salad Sandwich - 1 sandwich Δ★ Cheese - 2 slices □ Cut Broccoli - ½ c Apple Slices – ¾ c</p>	<p><b>Breakfast:</b> Cereal – ¾ c, HoneyDew Melon – ¾ c, and Milk - 1 c</p> <p><b>Snack:</b> Nilla Wafers – 8 wafers and Banana – 1 banana</p> <p><b>Lunch:</b> Cold Cut Sandwich★ - 1 sandwich Δ Cheese - 2 slices □ Cut Broccoli - ½ c Diced Pears – ½ c</p>	<p><b>Breakfast:</b> Cereal – ¾ c, Orange Wedges – ¾ orange and Milk - 1 c</p> <p><b>Snack:</b> Gold Fish Cracker - 37 crackers and Banana – 1 banana</p> <p><b>Lunch:</b> Tuna Sandwich - 1 sandwich Δ★ Cut Broccoli - ½ c Cheese - 2 slices □ Apple Slices – ¾ c</p>

Δ May contain egg product.

□ May contain cheese.

★ May contain mayonnaise.

SERVINGS FOR FLUIDS = 1 C Milk or Juice for Adults

All meals are served with 1% skim milk.

Seagull Schools operates in accordance with U.S. Department of Agriculture policy, which prohibits discrimination on the basis of race, color, sex, age, disability or national origin. Seagull Schools reserves the right to change meals at any time.