

**SEAGULL SCHOOLS, INC.**  
**FEBRUARY 2018 ADC Breakfast and Snack MENU**

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
			<b>1</b> <b>Breakfast:</b> Cereal – 1 ½ c, Pineapples – ½ c, and Milk- 1 c  <b>Snack:</b> Clubhouse Crackers- 10 pcs & Mandarin Orange - ½ c	<b>2</b> <b>Breakfast:</b> Cereal – 1 ½ c, Apple –1 apple, and Milk- 1 c  <b>Snack:</b> Graham Crackers – 8 pcs and Cantaloupe – ½ c
<b>5</b> <b>Breakfast:</b> Pork Patty – 2 patties & ½ slice Bread Orange Wedge- 1 orange, & Milk- 1 c  <b>Snack:</b> Ritz Crackers – 8 pcs - 1 slice & Fresh Pineapples – ½ c	<b>6</b> <b>Breakfast:</b> Cereal – 1 ½ c, Chilled Peaches- ½ c, and Milk- 1 c  <b>Snack:</b> Graham Crackers – 8 pcs & Watermelon – ½ c	<b>7</b> <b>Breakfast:</b> Oat Bran Bread-2 pieces, Diced Pears – ½ c , and Milk- 1 c  <b>Snack:</b> Chilled Peaches – ½ c, Ritz Crackers – 8 pcs	<b>8</b> <b>Breakfast:</b> Cereal – 1 ½ c, Banana – 1 banana, and Milk- 1 c  <b>Snack:</b> Cold Cut Slices – 2 slices & Bread – 1 slice	<b>9</b> <b>Breakfast:</b> Cereal – 1 ½ c, Chilled Peaches – ½ c, and Milk- 1 c  <b>Snack:</b> Club House Cracker- 10 crackers & Fruit Cocktail – ½ c
<b>12</b> <b>Breakfast:</b> Egg – 2 Eggs Δ, Diced Pears – ½ c, Bread – 1 slice, & Milk- 1 c  <b>Snack:</b> Graham Crackers – 8 pcs & Mandarin Oranges – ½ c	<b>13</b> <b>Breakfast:</b> Cereal – 1 ½ c, Apple –1 apple, & Milk- 1 c  <b>Snack:</b> Ritz Cracker - 8 crackers & Fruit Cocktail– ½ c	<b>14</b> <b>Breakfast:</b> Waffles Δ – 2 waffles, Banana – 1 banana, & Milk – 1 c  <b>Snack:</b> Cornbread – 2 pcs & Diced Pears – ½ c	<b>15</b> <b>Breakfast:</b> Cereal – 1 ½ c, Pineapple Chunks – ½ c, & Milk- 1 c  <b>Snack:</b> Clubhouse Crackers – 10 pcs & Watermelon – ½ c	<b>16</b> <b>Breakfast:</b> Cereal – 1 ½ c, Diced Pears- ½ c, and Milk- 1 c  <b>Snack:</b> Ritz Crackers – 8 pcs & Cantaloupe – ½ c
<b>19</b> <b>CLOSED</b> <b>Presidents Day</b> <b>Holiday</b>	<b>20</b> <b>Breakfast:</b> Cereal – 1 ½ c, Chilled Peaches – ½ c, & Milk- 1 c  <b>Snack:</b> Graham Cracker – 8 pcs, & Diced Pears – ½ c	<b>21</b> <b>Breakfast:</b> Pancakes - 2-piece, Orange Wedge- 1 orange, and Milk- 1 c  <b>Snack:</b> Ritz Crackers – 8 pcs & Mandarin Orange – ½ c	<b>22</b> <b>Breakfast:</b> Cereal – 1 ½ c, Banana –1 banana, and Milk- 1 c  <b>Snack:</b> Cornbread – 2 pcs & Watermelon – ½ c	<b>23</b> <b>Breakfast:</b> Cereal – 1 ½ c, Apple –1 apple, and Milk- 1 c  <b>Snack:</b> Club House Cracker- 10 pcs & Chilled Peaches – ½ c
<b>26</b> <b>Breakfast:</b> Cinnamon Raisin Bagel - 1 piece, Fruit Cocktail – ½ c, and Milk- 1 c  <b>Snack:</b> Graham Crackers – 8 pcs and Diced Pears – ½ c	<b>27</b> <b>Breakfast:</b> Cereal – 1 ½ c, Pineapples – ½ c & Milk- 1 c  <b>Snack:</b> Cold Cut Slices – 2 slices & Bread – 1 slice	<b>28</b> <b>Breakfast:</b> French Toast Δ - 2 piece, Banana- 1 banana, and Milk- 1 c  <b>Snack:</b> Ritz Crackers – 8 pcs & Chilled Peaches – ½ c		

Δ May contain egg product.    □ May contain cheese    ★ May contain mayonnaise.

All meals are served with 1% skim milk.

Seagull Schools operates in accordance with U.S. Department of Agriculture policy, which prohibits discrimination on the basis of race, color, sex, age, disability, or national origin.

Seagull Schools reserves the right to change meals at any time

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