

SEAGULL SCHOOLS, INC.
MAY 2018 PRESCHOOL BREAKFAST/SNACK MENU

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
4/30 Breakfast: Cereal – 1/3 c, Fruit Cocktail - ½ c, and Milk- ¾ Snack: Graham Cracker-4 pcs & Apple Slices – 1 apple	1 Breakfast: , Blueberry Bagel – 1 pc, Diced Pears – ½ c, and Milk- ¾ c Snack: Clubhouse Cracker–5 pcs & Chilled Peaches – ½ c	2 Breakfast: Cereal – 1/3 c, Banana – 1 banana, and Milk- ¾ c Snack: Goldfish Crackers – 19 pcs & Mandarin Oranges – ½ c	3 Breakfast: Corn bread -1 piece, Chilled Peaches – ½ c , and Milk- ¾ c Snack: Graham Crackers – 4 pcs & Diced Pears - ½ c	4 Breakfast: Cereal – 1/3 c, Orange wedges – ½ orange, and Milk- ¾ c Snack: Ritz Crackers – 4 pcs and Apples- 1 apple
7 Breakfast: Cereal – 1/3 c, Pineapple Chunks - ½ c, and Milk- ¾ c Snack: Gold Fish Cracker-19 pcs & Grape Juice – ½ c	8 Breakfast: Pancakes-1 pancake, Apple wedges – 1 apple, and Milk- ¾ c Snack: Ritz Cracker- 4 pcs and Diced Pears - ½ c	9 Breakfast: Cereal – 1/3 c, Banana – 1 banana, and Milk- ¾ c Snack: Oat Bran Bread – 1 pc & Chilled Peaches – ½ c	10 Breakfast: Pork Patty – 1 patty, Applesauce – ½ c, Bread – ½ slice, and Milk- ¾ c Snack: Clubhouse Crackers – 5 pcs and Pineapple Chunks – ½ c	11 Breakfast: Cereal – 1/3 c, Banana – 1 banana, and Milk- ¾ c Snack: Ritz Crackers – 4 pcs and Apple Juice- ½ c
14 Breakfast: Cereal – 1/3 c, Diced Pears, and Milk- ¾ c Snack: Clubhouse Crackers –5pc & Chilled Peaches ½ c	15 Breakfast: Egg – 1 Egg, Orange Wedge- 1 orange, Bread – ½ slice, and Milk- ¾ c Snack: Goldfish Crackers – 19 pcs & Fruit Cocktail- ½ c	16 Breakfast: Cereal – 1/3 c, Applesauce – ½ c and Milk- ¾ c Snack: Ritz Crackers -4 crackers & Apple Juice – ½ c	17 Breakfast: Cinnamon Raisin Bagel-1 piece, Chilled Pears- ½ c, and Milk- ¾ c Snack: Graham Crackers – 4 pcs, & Banana – 1 banana	18 Breakfast: Cereal – 1/3 c, Apple Slices – 1 apple, and Milk- ¾ c Snack: Cheese Its Crackers – 10 pcs, & Grape Juice – ½ c
21 Breakfast: Cereal – 1/3 c, Fruit Cocktail , and Milk- ¾ c Snack: Ritz Crackers – 4 pcs and Grape Juice- ½ c	22 Breakfast: French Toast- 2 sticks, Diced Pears – ½ c and Milk- ¾ c Snack: Graham Crackers – 4 pcs and Applesauce – ½ c	23 Breakfast: Cereal – 1/3 c, Banana- 1 banana, and Milk- ¾ c Snack: Goldfish crackers – 19 pcs. & Apple Wedges – 1 apple	24 Breakfast: Honey Oat Bread -1 piece, Pineapples – ½ c, and Milk- ¾ c Snack: Cold Cut slice – 1 & Whole Wheat Bread – ½ slice	25 Breakfast: Cereal – 1/3 c, Banana – 1 banana, and Milk- ¾ c Snack: Clubhouse Crackers – 5 pcs & Mandarin Oranges – ½ c
28 CLOSED Memorial Day HOLIDAY	29 Breakfast: Cereal - 1/3 c, Diced Pears – ½ c, and Milk- ¾ c Snack: Cheese Its Crackers – 10 pc, & Apple Juice – ½ c	30 Breakfast: Cereal – 1/3 c, Chilled Peaches – ½ c, and Milk- ¾ c Snack: Ritz Cracker - 4 cracker and Pineapples – ½ c	31 Breakfast: Egg – 1 Egg, Orange Wedge- 1 orange, Bread – ½ slice, and Milk- ¾ c Snack: Graham Crackers – 4 pcs and Fruit Cocktail – ½ c	6/1 Breakfast: Cereal – 1/3 c, Diced pears – ½ c, and Milk- ¾ c Snack: Clubhouse Crackers - 5 pcs and Grape Juice- ½ c

SERVINGS FOR FLUIDS = ½ C Milk or Juice for 1 – 2 year olds SERVINGS FOR FLUIDS = ¾ C Milk or Juice for 3 – 5 year olds

Δ May contain egg product. □ May contain cheese. ★ May contain mayonnaise. Ritz Crackers – 4 pcs and Apple Juice- ½ c Ritz Crackers – 4 pcs and Apple Juice- ½ c

All meals are served with 1% skim milk for 2 year olds and older. Whole Milk is served to toddlers 18-24 months old.

Seagull Schools operates in accordance with U.S. Department of Agriculture policy, which prohibits discrimination on the basis of race, color, sex, age, disability, or national origin.

Seagull Schools reserves the right to change meals at any time

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