


SEAGULL SCHOOLS, INC.
SATURDAY LUNCH MENU

April 2018

April 7, 2018	April 14, 2018	April 21, 2018	April 28, 2018	
<p>Breakfast: Cereal – 1 ½ c, Banana – 1 banana, and Milk - 1 c</p> <p>Snack: Graham Crackers – 8 pcs and Mandarin Oranges – ½ c</p> <p>Lunch: Chicken Breast Salad Sandwich – 1 sandwichΔ Cheese - 2 slices□ Cut Broccoli - ½ c Orange Wedges – ½ orange</p>	<p>Breakfast: Cereal – 1 ½ c, Chilled Peaches – ½ c, and Milk - 1 c</p> <p>Snack: Club House Cracker- 10 pcs and Diced Pears – ½ c</p> <p>Lunch: Tuna Salad Sandwich- 1 sandwich Cut Broccoli - ½ c Cheese - 2 slices□ Banana – ½ banana</p>	<p>Breakfast: Cereal – 1 ½ c, Orange Wedges – 1 orange, & Milk - 1 c</p> <p>Snack: Ritz Crackers – 8 pcs and Watermelon – ½ c</p> <p>Lunch: Cold Cut w/ Cheese Sandwich- 1 sandwich □Δ Cut Broccoli – ½ c Orange Wedges – ½ orange</p>	<p>Breakfast: Cereal – 1 ½ c, Apple – 1 apple, and Milk - 1 c</p> <p>Snack: Club House Crackers – 5 pcs & Chilled Peaches – ½ c</p> <p>Lunch: Egg Salad SandwichΔ - 1 sandwich Cut Broccoli - ½ c Cheese - 2 slices□ Orange Wedges – ½ orange</p>	

SERVINGS FOR FLUIDS = 1 C Milk or Juice for Adults

Δ May contain egg product.

□ May contain cheese.

★May contain mayonnaise.

All meals are served with 1% skim milk.

Seagull Schools operates in accordance with U.S. Department of Agriculture policy, which prohibits discrimination on the basis of race, color, sex, age, disability or national origin.