

REVISED: 12/3/18

SEAGULL SCHOOLS, INC.
DECEMBER 2018 PRESCHOOL BREAKFAST/SNACK MENU

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
3 Breakfast: Cereal – 1/3 c, Chilled Peaches – ½ c, and Milk- ¾ c Snack: Ritz Crackers – 5 pcs and Diced Pears - ½ c	4 Breakfast: Waffles – 1 pc, Orange – 1 orange, & Milk- ¾ c Chilled Peaches – ½ c Snack: Clubhouse Crackers - 5 pcs & Applesauce - ½ c	5 Breakfast: Cereal – 1/3 c, Chilled Pineapples – ½ c, and Milk- ¾ c Snack: Graham Cracker – 4 pcs and Apples – 1 apple	6 Breakfast: Waffles – 1 pc bread, Orange Wedges – 1 orange, and Milk- ¾ c Snack: Goldfish Cracker-19 pcs & Chilled Peaches – ½ c	7 Breakfast: Cereal – 1/3 c, Applesauce – ½ c, & Milk- ¾ c Snack: Ritz Crackers – 5 pcs and Grape Juice- ½ c <p style="text-align: center;">Cheese -its – 10 pcs</p>
10 Breakfast: Cereal – 1/3 c, Chilled Pineapple – ½ c, and Milk- ¾ c Chilled Pears – ½ c Snack: Ritz Cracker – 5 pcs and Apple Juice – ½ c <p style="text-align: center;">Goldfish Crackers – 19 pcs</p>	11 Breakfast: Waffles – 1 pc, Diced Pears – ½ c, and Milk- ¾ c Snack: Clubhouse Crackers-5 pcs & Chilled Peaches - ½ c	12 Breakfast: Cereal – 1/3 c, Banana – 1 banana, and Milk- ¾ c Snack: Cornbread – 1 pc and Applesauce – ½ c	13 Breakfast: Waffles – 1 pc, Chilled Peaches – ½ c, Milk ¾ c Snack: Graham Cracker – 4 pcs & Apple Juice – ½ c	14 Breakfast: Cereal – 1/3 c, Pineapple Chunks – ½ c, and Milk- ¾ c Snack: Goldfish Cracker-19 pcs, & Chilled Pineapples - ½ c
17 Breakfast: Cereal – 1/3 c, Chilled Peaches – ½ c, and Milk- ¾ c Snack: Gold Fish Cracker-19 pcs and Applesauce – ½ c	18 Breakfast: Waffles – 1 pc, Apple Slices – 1 apple and Milk- ¾ c Snack: Clubhouse Crackers – 5 pcs & Grape Juice – ½ c	19 Breakfast: Breakfast: Cereal – 1/3 c, Applesauce – ½ c, and Milk- ¾ c Snack: Cornbread – 1 pc and Pineapple Chunks – ½ c	20 Breakfast: Waffles -1 pc, Orange Wedges – 1 orange, and Milk- ¾ c Snack: Ritz Cracker- 5 pcs and Banana – 1 banana	21 Breakfast: Cereal – 1/3 c, Pineapple Chunks – ½ c, and Milk- ¾ c Snack: Graham Crackers – 4 pcs, and Apple Juice – ½ c

24 Breakfast: Cereal – 1/3 c, Apple Wedges – 1 apple, and Milk- ¾ c 12/24 Half day only -- Close at Noon!!!	<p style="font-size: 2em; font-weight: bold; color: yellow;">CLOSED FOR WINTER BREAK TILL JANUARY 2ND</p> <p style="font-size: 3em; font-weight: bold; color: green;">CHRISTMAS</p> <p style="font-size: 2em; font-weight: bold; color: red;">HOLIDAY OBSERVED</p>	25 26 27 28
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SERVINGS FOR FLUIDS = ½ C Milk or Juice for 1 – 2 year olds SERVINGS FOR FLUIDS = ¾ C Milk or ½ C Juice for 3 – 5 year olds
 Δ May contain egg product. □ May contain cheese. ★ May contain mayonnaise. ■ May contain dairy product.

All meals are served with 1% skim milk for ages 2 years and older. Whole milk served to toddlers 18-24 months and older. Seagull Schools reserves the right to change meals at any time. In accordance with Federal Law and U.S. Department of Agriculture policy, this institution is prohibited from discriminating on the basis of race, color, national origin, sex, age, or disability. To file a complaint of discrimination, write USDA, Director, Office of Adjudication, 1400 Independence Avenue, SW, Washington, D.C. 20250-9410 or call toll free (866)632-9992 (Voice). Individuals who are hearing impaired or have speech disabilities may contact USDA through the Federal Relay Service at (800) 877-8339; or (800) 845-6136 (Spanish). USDA is an equal opportunity provider and employer.