

SEAGULL SCHOOLS, INC.
APRIL 2018 PRESCHOOL BREAKFAST/SNACK MENU

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>2 Breakfast: Cereal – 1/3 c, Pineapple Chunks – 1/2 c, and Milk- 3/4 c</p> <p>Snack: Ritz Crackers – 5 pcs & Orange – 1 orange</p>	<p>3 Breakfast: Waffles-1-piece, Diced Pears – 1/2 c, and Milk- 3/4 c</p> <p>Snack: Graham Crackers – 4 pcs & Apple Wedges – 1 apple</p>	<p>4 Breakfast: Cereal – 1/3 c, Banana – 1 banana, and Milk- 3/4 c</p> <p>Snack: Ritz Cracker- 5 cracker and Apple Juice – 1/2 c</p>	<p>5 Breakfast: Oat Bran Bread-1 piece, Chilled Peaches- 1/2 c, and Milk- 3/4 c</p> <p>Snack: Club House Cracker - 5 crackers & Banana – 1 banana</p>	<p>6 Breakfast: Cereal – 1/3 c, Fruit Cocktail – 1/2 c, and Milk- 3/4 c</p> <p>Snack: Goldfish Crackers – 19 pcs & Apple Juice– 1/2 c</p>
<p>9 Breakfast: Cereal – 1/3 c, Orange Wedges – 1 orange, and Milk- 3/4 c</p> <p>Snack: Clubhouse Crackers – 5 pcs & Chilled Peaches – 1/2 c</p>	<p>10 Breakfast: French Toast-1-piece, Fruit Cocktail – 1/2 c, and Milk- 3/4 c</p> <p>Snack: Cheese-Its Crackers – 10 pcs & Apple Slices – 1 apple</p>	<p>11 Breakfast: Cereal – 1/3 c, Diced Pears – 1/2 c, and Milk- 3/4 c</p> <p>Snack: Cornbread – 1 piece and Apple Juice – 1/2 c</p>	<p>12 Breakfast: Cinnamon Raisin Bagel-1-piece, Applesauce – 1/2 c, and Milk- 3/4 c</p> <p>Snack: Club House Cracker - 5 pcs & Banana – 1 banana</p>	<p>13 Breakfast: Cereal – 1/3 c, Fruit Cocktail – 1/2 c, and Milk- 3/4 c</p> <p>Snack: Ritz Crackers – 5 pcs & Chilled Peaches – 1/2 c</p>
<p>16 Breakfast: Cereal – 1/3 c, Diced Pears – 1/2 c, and Milk- 3/4 c</p> <p>Snack: Graham Cracker- 4 pcs & Applesauce – 1/2 c</p>	<p>17 Breakfast: Egg Δ – 1 Egg, Chilled Peaches – 1/2 c, bread – 1/2 slice, & Milk- 3/4 c</p> <p>Snack: Clubhouse crackers – 5pcs and Apple Juice- 1/2 c</p>	<p>18 Breakfast: Cereal – 1/3 c, Pineapple Chunks – 1/2 c, and Milk- 3/4 c</p> <p>Snack: Ritz Cracker - 5 crackers and Banana – 1 banana</p>	<p>19 Breakfast: Pancakes – 1 pcs, Chilled Peaches – 1/2 c, and Milk- 3/4 c</p> <p>Snack: Graham Cracker- 4 pcs & Fruit Cocktail – 1/2 c</p>	<p>20 Breakfast: Cereal – 1/3 c, Apple Wedges- 1 apple, and Milk- 3/4 c</p> <p>Snack: Goldfish Crackers – 19 pcs & Grape Juice – 1/2 c</p>
<p>23 Breakfast: Cereal – 1/3 c, Diced Pears – 1/2 c, and Milk- 3/4 c</p> <p>Snack: Ritz Crackers – 5 pcs, & Chilled Peaches- 1/2 c</p>	<p>24 Breakfast: Waffles -1 pc, Peaches – 1/2 c, and Milk- 3/4 c</p> <p>Snack: Graham Cracker-4 pcs & Apple Juice– 1/2 c</p>	<p>25 Breakfast: Cereal – 1/3 c, Diced Pears – 1/2 c, and Milk- 3/4 c</p> <p>Snack: Club House Cracker - 5 pcs & Banana – 1 banana</p>	<p>26 Breakfast: Pork Patty – 1 patty, Applesauce – 1/2 c, Bread – 1/2 slice, and Milk- 3/4 c</p> <p>Snack: Cheese-Its Crackers – 10 pcs & Diced Pears – 1/2 c</p>	<p>27 Breakfast: Cereal – 1/3 c, Chilled Peaches – 1/2 c, and Milk- 3/4 c</p> <p>Snack: Graham Crackers – 4 pcs, & Pineapples – 1/2 c</p>
<p>30 Breakfast: Cereal – 1/3 c, Fruit Cocktail – 1/2 c, and Milk- 3/4 c</p> <p>Snack: Graham Cracker-4 pcs & Chilled Peaches – 1/2 c</p>				

Δ May contain egg product. □ May contain cheese. ★ May contain mayonnaise.
SERVINGS FOR FLUIDS = 1/2 C Milk or Juice for 1 – 2 year olds SERVINGS FOR FLUIDS = 3/4 C Milk or Juice for 3 – 5 year olds

All meals are served with 1% skim milk for ages 2 years and older. Whole Milk served to 18-24 month old toddlers.
Seagull Schools operates in accordance with U.S. Department of Agriculture policy, which prohibits discrimination on the basis of race, color, sex, age, disability, or national origin.
Seagull Schools reserves the right to change meals at any time.
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