

SEAGULL SCHOOLS, INC.
JUNE 2017 ADC Breakfast and Snack MENU

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
			1 Breakfast: Cereal – ¾ c, Banana – 1 banana, and Milk- 1 c Snack: ClubHouse Crackers- 10 pcs & Mandarin Orange – ¾ c	2 Breakfast: Cereal – ¾ c, Apple –1 apple, and Milk- 1 c Snack: Nilla Wafers – 8 wafers and Cantaloupe – ¾ c
5 Breakfast: Pork Patty – 2 patties & ½ slice Bread Orange Wedge- 1 orange, & Milk- 1 c Snack: Ritz Crackers – 8pcs - 1 slice & Fresh Pineapples – ¾ c	6 Breakfast: Cereal – ¾ c, Chilled Peaches- ½ c, and Milk- 1 c Snack: Gold Fish Crackers – 37 pcs & Watermelon – ¾ c	7 Breakfast: Oat Bran Bread-2 pieces, Orange Wedges – ¾ c, and Milk- 1 c Snack: Diced Pears – ¾ c, Cinnamon Toast – 1 slice	8 Breakfast: Cereal – ¾ c, Banana – 1 banana, and Milk- 1 c Snack: Nilla Wafers – 8 wafers and Cantaloupe – ¾ c	9 Breakfast: Cereal – ¾ c, Chilled Peaches – ½ c, and Milk- 1 c Snack: Club House Cracker- 10 crackers and Fruit Cocktail – ¾ c
12 CLOSED Kamehameha Day Holiday	13 Breakfast: Cereal – ¾ c, Apple –1 apple, & Milk- 1 c Snack: Ritz Cracker-8 crackers & Fruit Cocktail– ¾ c	14 Breakfast: WafflesΔ – 2 waffles, Banana – 1 banana, & Milk – 1 c Snack: Cold Cut Slices – 2 slices & Bread – 1 slice	15 Breakfast: Cereal – ¾ c, Pineapple Chunks, & Milk- 1 c Snack: Clubhouse Crackers – 10 pcs & Watermelon – ¾ c	16 Breakfast: Cereal – ¾ c, Diced Pears- ½ c, and Milk- 1 c Snack: Gold Fish Crackers – 37 pcs & Cantaloupe – ¾ c
19 Breakfast: Egg – 2 EggsΔ, Apple Slices – ¾ apple, Bread – 1 slice, & Milk- 1 c Snack: Clubhouse Crackers – 10 pcs & Orange Wedges – ¾ c	20 Breakfast: Cereal – ¾ c, Chilled Peaches – ½ c, & Milk- 1 c Snack: Cinnamon Toast - 1 slice and Banana – 1 banana	21 Breakfast: Pancakes - 2 piece, Orange Wedge- 1 orange, and Milk- 1 c Snack: Gold Fish Crackers – 37 pcs & Cantaloupe – ¾ c	22 Breakfast: Cereal – ¾ c, Banana –1 banana, and Milk- 1 c Snack: Ritz Crackers – 8 pcs & Mandarin Orange – ¾ c	23 Breakfast: Cereal – ¾ c, Apple –1 apple, and Milk- 1 c Snack: Nilla Wafers – 8 pcs & Watermelon – ¾ c
26 Breakfast: Cinnamon Raisin Bagel - 1 piece, Fruit Cocktail – ½ c, and Milk- 1 c Snack: Nilla Wafers – 8 wafers and Diced Pears – ¾ c	27 Breakfast: Cereal – ¾ c, Orange Wedges –1 orange, and Milk- 1 c Snack: Gold Fish Crackers – 37 pcs & Apple Wedges – ¾ c	28 Breakfast: French Toast - 2 piece, Banana- 1 banana, and Milk- 1 c Snack: Ritz Crackers – 8 pcs & Chilled Peaches – ¾ c	29 Breakfast: Cereal – ¾ c, Apple –1 apple, and Milk - 1 c Snack: Clubhouse crackers - 10 pcs & Honeydew Melon – ¾ c	30 Breakfast: Cereal – ¾ c, Chilled Peaches- ½ c, and Milk- 1 c Snack: Cinnamon Toast-1 slice & Mandarin Oranges – ¾ c

Δ May contain egg product. □ May contain cheese ★ May contain mayonnaise.

All meals are served with 1% skim milk.

Seagull Schools operates in accordance with U.S. Department of Agriculture policy, which prohibits discrimination on the basis of race, color, sex, age, disability, or national origin.

Seagull Schools reserves the right to change meals at any time

To file a complaint of discrimination, write USDA, Director, Office of Civil Rights, Room 326-W, Whitten Building, 14th & Independence Avenue, SW, Washington, DC 20250-9410 or call (202) 720-5964 (voice & TDD). USDA is an equal opportunity provider & employer.